

Truth in a world of lies

Pick n Mix session for use on group Zoom calls

Introduction

This is a Pick n Mix session for your online group Zoom. You don't have to do all the elements suggested, these are simply ideas to make your Zoom fun around the topic of "truth in a world of lies." Nor do you have to use them in the order below. Activities tend to last a little bit longer on Zoom than in real time. Let us know what has worked well and what didn't!

High/Low/Awkward/Prayer

There are lots of videos & content online for young people, but one thing we miss from Groups is personal interaction. Mute all microphones apart from the person speaking, and give each person the opportunity to take 2 mins to share their High, Low, Awkward Moment & Prayer request for the week. This gives the young people 'permission' to share celebrations and concerns with the Group.

Would I lie to you?/ Box of lies

Version 1

Based on TV's "Would I Lie To You?" pick out an obscure object (or one with a great story) you have at home and write down the object's story. Additionally make up two false stories about the object. If you are able, send the stories to three young people in advance of your Zoom call, otherwise make sure they can be read. Try and get the young people to read/act these stories as dramatically as possible and then let all the young people vote on which of the stories was the truth and which ones were the lies. Even if you send the stories in advance don't let the young people know if it's true or not so that they can still vote themselves.

Version 2

Based on "Box of Lies" (<https://www.youtube.com/watch?v=R8vNn0WfUnY>), pick out a couple of obscure objects you have at home and have them ready next to you, but not visible for the young people. The aim of the game is for the young people to guess if you are describing real objects or if you are lying and your descriptions are made up.

What is Truth Survey

If you have a licensed version of Zoom, you can create polls where people vote on an answer to a question during the conversation - if not, you can ask the questions directly to the group. Explore some of the responses the young people give, and if they would like, allow them the opportunity to explain why they answered as they did. *(Continued overleaf)*

(Continued...)

1. Do you believe you should always tell the truth, no matter what?
2. Do you think it's alright in some situations, to talk about someone without their knowledge?
3. Do you think it's ever OK to cheat on your homework or give someone else the answers?
4. Do you believe other religions can be true and useful?
5. Do you think dating someone from a different religion is OK?

'Truth' can be interpreted differently; some things are opinion, some are fact. Today we are looking at Jesus who claimed to **be** truth.

Discovery Bible Study/Swedish Bible Study

Look at John 14:6.

For the Discovery Bible Study (DBS) you follow the same pattern of questions after having read it in a couple of different translations:

- What does this passage tell me about God?
- What does this passage tell me about people (or myself)?
- If this is God's word for my life how will I obey it?
- Who am I going to tell?

The Swedish Method uses the following questions:

- What part in the passage stands out or grabs your attention?
- Is there anything that's difficult to understand? Or do you have any questions?
- How can you apply this to your life?

Both methods are really simple and once you've done it a couple times you could even get one of your young people to lead the Bible study!

Jesus is the Way - to truth, life and freedom. We can journey through life with him, and he can help us with direction during these uncertain times.

Jesus is the Truth - in him there is nothing false, misleading, fake or uncertain. When we try to work out what is truth and what is a lie, we can measure it against what Jesus taught and how he lived.

Jesus is the Life - he says he came to Earth so that we could have life to the full (John 10:10). He doesn't want us to spend our energy, time and headspace on things that don't give us life.

With so many coronavirus myths, rumours and changing information, it's reassuring to know that God doesn't change his mind, or who he is. He is the same yesterday, today and forever. He is good, he is love, and he is faithful.

Questions to discuss:

1. What is truth?
2. Is truth something that is different for different people or is it the same for everyone?
3. How do you decide what is true in your life?

Lastly, remind your young people of the starter (Tuesday) and challenge (Thursday) videos which can be found on the Urban Saints Facebook page each week and relate to our theme.